



Drug Coverage Policy

Effective Date09/15/2026

Coverage Policy Number DQM035

Policy Title Ilumya Drug Quantity
Management Policy – Per Days

Inflammatory Conditions – Ilumya Drug Quantity Management Policy – Per Days

- Ilumya® (tildrakizumab-asmn subcutaneous injection – Sun)

INSTRUCTIONS FOR USE

The following Coverage Policy applies to health benefit plans administered by Cigna Companies. Certain Cigna Companies and/or lines of business only provide utilization review services to clients and do not make coverage determinations. References to standard benefit plan language and coverage determinations do not apply to those clients. Coverage Policies are intended to provide guidance in interpreting certain standard benefit plans administered by Cigna Companies. Please note, the terms of a customer's particular benefit plan document [Group Service Agreement, Evidence of Coverage, Certificate of Coverage, Summary Plan Description (SPD) or similar plan document] may differ significantly from the standard benefit plans upon which these Coverage Policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a Coverage Policy. In the event of a conflict, a customer's benefit plan document always supersedes the information in the Coverage Policies. In the absence of a controlling federal or state coverage mandate, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of 1) the terms of the applicable benefit plan document in effect on the date of service; 2) any applicable laws/regulations; 3) any relevant collateral source materials including Coverage Policies and; 4) the specific facts of the particular situation. Each coverage request should be reviewed on its own merits. Medical directors are expected to exercise clinical judgment where appropriate and have discretion in making individual coverage determinations. Where coverage for care or services does not depend on specific circumstances, reimbursement will only be provided if a requested service(s) is submitted in accordance with the relevant criteria outlined in the applicable Coverage Policy, including covered diagnosis and/or procedure code(s). Reimbursement is not allowed for services when billed for conditions or diagnoses that are not covered under this Coverage Policy (see "Coding Information" below). When billing, providers must use the most appropriate codes as of the effective date of the submission. Claims submitted for services that are not accompanied by covered code(s) under the applicable Coverage Policy will be denied as not covered. Coverage Policies relate exclusively to the administration of health benefit plans. Coverage Policies are not recommendations for treatment and should never be used as treatment guidelines. In certain markets, delegated vendor guidelines may be used to support medical necessity and other coverage determinations.

OVERVIEW

Ilumya, an interleukin-23 blocker, is indicated for the treatment of moderate to severe **plaque psoriasis** in adults who are candidates for systemic therapy or phototherapy.¹

Dosing

The recommended dose of Ilumya is 100 mg administered by subcutaneous injection at Weeks 0 and 4 and then once every 12 weeks thereafter.¹

Availability

Ilumya is available as 100 mg/1 mL single-dose prefilled syringes.¹

Coverage Policy

POLICY STATEMENT

This Drug Quantity Management program has been developed to manage potential dose escalation of Ilumya. If the Drug Quantity Management rule is not met at the point of service, coverage will be determined by the Criteria below. All approvals are provided for the duration noted below. "One-time" overrides are provided for 30 days in duration. Meeting Drug Quantity Management Program Criteria does not satisfy any other prior authorization or medical necessity criteria requirements.

Drug Quantity Limits

Product	Strength and Form	Retail and Home Delivery
		Maximum Quantity per 84 Days
Ilumya® (tildrakizumab-asmn subcutaneous injection)	100 mg/1 mL prefilled syringe	100 mg (1 syringe or 1 mL)

Exceptions to the quantity limits listed above are covered as medically necessary when the following criteria are met. Any other exception is considered not medically necessary.

CRITERIA

1. If the patient is initiating treatment or requires additional induction dosing, as verified by the absence of claims for Ilumya in the past 130 days, approve a one-time override for 200 mg (2 syringes or 2 mL) at retail or home delivery.

References

1. Ilumya® subcutaneous injection [prescribing information]. Cranbury, NJ: Sun, December 2025.

Revision Details

Summary of Changes	Review Date	Effective Date
New policy.	07/23/2026	09/15/2026

The policy effective date is in force until updated or retired.

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