



## PRIOR AUTHORIZATION POLICY

**POLICY:** Hyperlipidemia – PCSK9 Inhibitors – Lipfendra Prior Authorization Policy

- Lipfendra® (enlicitide tablets – Merck)

**REVIEW DATE:** 07/22/2026

### INSTRUCTIONS FOR USE

THE FOLLOWING COVERAGE POLICY APPLIES TO HEALTH BENEFIT PLANS ADMINISTERED BY CIGNA COMPANIES. CERTAIN CIGNA COMPANIES AND/OR LINES OF BUSINESS ONLY PROVIDE UTILIZATION REVIEW SERVICES TO CLIENTS AND DO NOT MAKE COVERAGE DETERMINATIONS. REFERENCES TO STANDARD BENEFIT PLAN LANGUAGE AND COVERAGE DETERMINATIONS DO NOT APPLY TO THOSE CLIENTS. COVERAGE POLICIES ARE INTENDED TO PROVIDE GUIDANCE IN INTERPRETING CERTAIN STANDARD BENEFIT PLANS ADMINISTERED BY CIGNA COMPANIES. PLEASE NOTE, THE TERMS OF A CUSTOMER'S PARTICULAR BENEFIT PLAN DOCUMENT [GROUP SERVICE AGREEMENT, EVIDENCE OF COVERAGE, CERTIFICATE OF COVERAGE, SUMMARY PLAN DESCRIPTION (SPD) OR SIMILAR PLAN DOCUMENT] MAY DIFFER SIGNIFICANTLY FROM THE STANDARD BENEFIT PLANS UPON WHICH THESE COVERAGE POLICIES ARE BASED. FOR EXAMPLE, A CUSTOMER'S BENEFIT PLAN DOCUMENT MAY CONTAIN A SPECIFIC EXCLUSION RELATED TO A TOPIC ADDRESSED IN A COVERAGE POLICY. IN THE EVENT OF A CONFLICT, A CUSTOMER'S BENEFIT PLAN DOCUMENT ALWAYS SUPERSEDES THE INFORMATION IN THE COVERAGE POLICIES. IN THE ABSENCE OF A CONTROLLING FEDERAL OR STATE COVERAGE MANDATE, BENEFITS ARE ULTIMATELY DETERMINED BY THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT. COVERAGE DETERMINATIONS IN EACH SPECIFIC INSTANCE REQUIRE CONSIDERATION OF 1) THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT IN EFFECT ON THE DATE OF SERVICE; 2) ANY APPLICABLE LAWS/REGULATIONS; 3) ANY RELEVANT COLLATERAL SOURCE MATERIALS INCLUDING COVERAGE POLICIES AND; 4) THE SPECIFIC FACTS OF THE PARTICULAR SITUATION. EACH COVERAGE REQUEST SHOULD BE REVIEWED ON ITS OWN MERITS. MEDICAL DIRECTORS ARE EXPECTED TO EXERCISE CLINICAL JUDGMENT WHERE APPROPRIATE AND HAVE DISCRETION IN MAKING INDIVIDUAL COVERAGE DETERMINATIONS. WHERE COVERAGE FOR CARE OR SERVICES DOES NOT DEPEND ON SPECIFIC CIRCUMSTANCES, REIMBURSEMENT WILL ONLY BE PROVIDED IF A REQUESTED SERVICE(S) IS SUBMITTED IN ACCORDANCE WITH THE RELEVANT CRITERIA OUTLINED IN THE APPLICABLE COVERAGE POLICY, INCLUDING COVERED DIAGNOSIS AND/OR PROCEDURE CODE(S). REIMBURSEMENT IS NOT ALLOWED FOR SERVICES WHEN BILLED FOR CONDITIONS OR DIAGNOSES THAT ARE NOT COVERED UNDER THIS COVERAGE POLICY (SEE "CODING INFORMATION" BELOW). WHEN BILLING, PROVIDERS MUST USE THE MOST APPROPRIATE CODES AS OF THE EFFECTIVE DATE OF THE SUBMISSION. CLAIMS SUBMITTED FOR SERVICES THAT ARE NOT ACCOMPANIED BY COVERED CODE(S) UNDER THE APPLICABLE COVERAGE POLICY WILL BE DENIED AS NOT COVERED. COVERAGE POLICIES RELATE EXCLUSIVELY TO THE ADMINISTRATION OF HEALTH BENEFIT PLANS. COVERAGE POLICIES ARE NOT RECOMMENDATIONS FOR TREATMENT AND SHOULD NEVER BE USED AS TREATMENT GUIDELINES. IN CERTAIN MARKETS, DELEGATED VENDOR GUIDELINES MAY BE USED TO SUPPORT MEDICAL NECESSITY AND OTHER COVERAGE DETERMINATIONS.

## CIGNA NATIONAL FORMULARY COVERAGE:

### OVERVIEW

Lipfendra, a proprotein convertase subtilisin kexin type 9 (PCSK9) inhibitor, is indicated as an adjunct to diet and exercise to reduce low-density lipoprotein cholesterol (LDL-C) in adults with hypercholesterolemia, including heterozygous familial hypercholesterolemia (HeFH).<sup>1</sup>

Cardiovascular (CV) outcomes trials have demonstrated that reducing LDL-C lowers the risk for major adverse cardiovascular events (MACE) in adults at increased risk when treated with statins or monoclonal antibody PCSK9 inhibitors as an add-on to statin therapy.<sup>1</sup>

### Guidelines

Lipfendra has not yet been addressed in guidelines. Several major guidelines address the management of dyslipidemia, including the 2026 American College of

Cardiology (ACC)/American Heart Association (AHA) Guideline on the Management of Dyslipidemia, the 2023 ACC/AHA Guideline for the Management of Chronic Coronary Disease (CCD), the 2022 ACC Expert Consensus Decision Pathway (ECDP) on the Role of Non-Statin Therapies, the 2025 ACC/AHA Guideline for the Management of Patients With Acute Coronary Syndrome, the 2026 American Diabetes Association Standards of Care, and the 2025 American Association of Clinical Endocrinology Clinical Practice Guideline for Dyslipidemia.<sup>2-7</sup> Across these guidelines, maximally tolerated statin therapy is consistently identified as the foundation of lipid management, with ezetimibe and/or PCSK9 inhibitors added when additional LDL-C lowering is required. Among PCSK9-targeting therapies, Praluent and Repatha are generally preferred over Leqvio because they have demonstrated CV outcomes benefit in large, randomized trials, whereas outcomes data for Leqvio are still pending. The guidelines converge in recommending PCSK9 inhibitors for patients with clinical atherosclerotic cardiovascular disease (ASCVD) or severe hypercholesterolemia (LDL-C  $\geq$  190 mg/dL) who remain above LDL-C goals despite optimized background therapy; however, they differ in how treatment targets are expressed. The 2026 ACC/AHA dyslipidemia guideline and the 2026 ADA Standards of Care define explicit LDL-C goals, including a target of < 55 mg/dL for patients with very high-risk ASCVD, whereas other guidance, such as the 2022 ACC Expert Consensus Decision Pathway and the 2023 Chronic Coronary Disease guideline, relies primarily on LDL-C thresholds to trigger treatment intensification rather than strict numeric goals.

The AHA Scientific Statement on Familial Hypercholesterolemia (2015) and other sources provide guidance on the diagnosis of familial hypercholesterolemia, including HeFH.<sup>8,9</sup> Diagnostic approaches include the Dutch Lipid Clinic Network scoring system and the Simon Broome criteria.

## **POLICY STATEMENT**

Prior Authorization is recommended for prescription benefit coverage of Lipfendra. All approvals are provided for the duration noted below. A patient who has previously met Initial Therapy criteria for Lipfendra for the requested indication under the Coverage Review Department and is currently receiving Lipfendra is only required to meet continuation of therapy criteria (i.e., currently receiving therapy). If past criteria have not been met under the Coverage Review Department and the patient is currently receiving Lipfendra, or is restarting Lipfendra, initial criteria must be met.

**Lipfendra® (enlicotide tablets - Merck) is(are) covered as medically necessary when the following criteria is(are) met for FDA-approved indication(s) or other uses with supportive evidence (if applicable):**

## **FDA-Approved Indications**

**1. Heterozygous Familial Hypercholesterolemia (HeFH).\*** Approve for 1 year if the patient meets ONE of the following (A or B):

**A) Initial Therapy.** Approve if the patient meets ALL of the following (i, ii, and iii):

- i.** Patient is  $\geq 18$  years of age; AND
- ii.** Patient meets ONE of the following (a, b, or c):
  - a)** Patient has an untreated low-density lipoprotein cholesterol (LDL-C)  $\geq 190$  mg/dL (prior to treatment with antihyperlipidemic agents); OR
  - b)** The diagnosis has been confirmed by genetic testing; OR  
Note: Examples include pathogenic variants at the low-density lipoprotein receptor (LDLR), apolipoprotein B (APOB), proprotein convertase subtilisin kexin type 9 (PCSK9), or low-density lipoprotein receptor adaptor protein 1 (LDLRAP1) gene.
  - c)** Patient has been diagnosed with heterozygous familial hypercholesterolemia by meeting ONE of the following diagnostic criteria thresholds [(1) or (2)]:
    - (1)** Prescriber confirms that the Dutch Lipid Network criteria score was  $> 5$ ; OR
    - (2)** Prescriber confirms that Simon Broome criteria met the threshold for "definite" or "possible (or probable)" familial hypercholesterolemia; AND
- iii.** Patient meets ONE of the following (a or b):
  - a)** Patient meets BOTH of the following [(1) and (2)]:
    - (1)** Patient has tried one high-intensity statin therapy (i.e., atorvastatin  $\geq 40$  mg daily; rosuvastatin  $\geq 20$  mg daily [as a single-entity or as a combination product]) for  $\geq 8$  continuous weeks; AND
    - (2)** LDL-C level after this treatment remains  $\geq 70$  mg/dL; OR
  - b)** Patient has been determined to be statin intolerant by meeting ONE of the following [(1) or (2)]:
    - (1)** Patient experienced statin-related rhabdomyolysis; OR  
Note: Rhabdomyolysis is statin-induced muscle breakdown that is associated with markedly elevated creatine kinase levels (at least 10 times the upper limit of normal), along with evidence of end organ damage which can include signs of acute renal injury (noted by substantial increases in serum creatinine [Scr] levels [a  $\geq 0.5$  mg/dL increase in Scr or doubling of the Scr] and/or myoglobinuria [myoglobin present in urine]).
    - (2)** Patient meets ALL of the following [(a), (b), and (c)]:
      - (a)** Patient experienced skeletal-related muscle symptoms; AND  
Note: Examples of skeletal-related muscle symptoms include myopathy (muscle weakness) or myalgia (muscle aches, soreness, stiffness, or tenderness).
      - (b)** The skeletal-muscle related symptoms occurred while receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or combination products); AND

- (c) When receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or as combination products), the skeletal-related muscle symptoms resolved upon discontinuation of each respective statin therapy (atorvastatin and rosuvastatin); OR

Note: Examples of skeletal-related muscle symptoms include myopathy and myalgia.

- B) Patient is Currently Receiving Lipfendra.** Approve if according to the prescriber, the patient has experienced a response to therapy.

Note: Examples of a response to therapy include decreasing LDL-C, total cholesterol, non-high-density lipoprotein, or apolipoprotein B levels. Also, if the patient is currently receiving the requested therapy but has not previously received approval of Lipfendra for this specific indication through the Coverage Review Department, review under criteria for Initial Therapy. If the patient is restarting therapy with Lipfendra, Initial Therapy criteria must be met.

**2. Hypercholesterolemia.\*** Approve for 1 year if the patient meets ONE of the following (A or B):

Note: This is not associated with established cardiovascular disease/reduce major adverse cardiovascular events for patients at increased risk, heterozygous familial hypercholesterolemia (HeFH), or homozygous familial hypercholesterolemia (HoFH) and may be referred to as combined hyperlipidemia, hypercholesterolemia (pure, primary), dyslipidemia, or increased/elevated low-density lipoprotein cholesterol (LDL-C) levels

- A) Initial Therapy.** Approve if the patient meets ALL of the following (i, ii, and iii):

i. Patient is  $\geq 18$  years of age; AND

ii. Patient meets ONE of the following (a or b):

a) According to the prescriber, the patient is at risk for atherosclerotic cardiovascular disease (ASCVD), an ASCVD event, or a major adverse cardiovascular event (MACE); OR

b) Patient has diabetes; AND

iii. Patient meets ONE of the following (a or b):

a) Patient meets ALL of the following [(1) and (2)]:

(1) Patient has tried one high-intensity statin therapy (i.e., atorvastatin  $\geq 40$  mg daily; rosuvastatin  $\geq 20$  mg daily [as a single-entity or as a combination product]); AND

(2) LDL-C level after this treatment regimen remains  $\geq 70$  mg/dL; OR

b) Patient has been determined to be statin-intolerant by meeting ONE of the following [(1) or (2)]:

(1) Patient experienced statin-related rhabdomyolysis; OR

Note: Rhabdomyolysis is a statin-induced muscle breakdown that is associated with markedly elevated creatine kinase levels (at least 10 times the upper limit of normal), along with evidence of end organ damage, which can include signs of acute renal injury (noted by substantial increases in serum creatinine [Scr] levels [ $a \geq 0.5$ ]

mg/dL increase in Scr or doubling of the Scr] and/or myoglobinuria [myoglobin present in urine]); OR

(2) Patient meets ALL of the following [(a), (b), and (c)]:

(a) Patient experienced skeletal-related muscle symptoms;  
AND

Note: Examples of skeletal-related muscle symptoms include myopathy (muscle weakness) and myalgia (muscle aches, soreness, stiffness, or tenderness).

(b) The skeletal-muscle related symptoms occurred while receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or combination products); AND

(c) When receiving separate trials of both atorvastatin and rosuvastatin (as single-entity or as combination products), the skeletal-related muscle symptoms resolved upon discontinuation of each respective statin therapy (atorvastatin and rosuvastatin); OR

Note: Examples of skeletal-related muscle symptoms include myopathy and myalgia.

**B) Patient is Currently Receiving Lipfendra.** Approve if according to the prescriber, the patient has experienced a response to therapy.

Note: Examples of a response to therapy include decreasing low-density lipoprotein cholesterol (LDL-C), total cholesterol, non-high-density lipoprotein (non-HDL-C), or apolipoprotein B levels. Also, if the patient is currently receiving the requested therapy but has not previously received approval of Lipfendra for this specific indication through the Coverage Review Department, review under criteria for Initial Therapy. If the patient is restarting therapy with Lipfendra, Initial Therapy criteria must be met.

**Note:**

\* A patient may have a diagnosis that pertains to more than one FDA-approved indication, therefore, consider review under different approval conditions, if applicable (e.g., a patient with heterozygous familial hypercholesterolemia may have hypercholesterolemia and a patient with hypercholesterolemia may have heterozygous familial hypercholesterolemia).

**CONDITIONS NOT COVERED**

**Lipfendra® (enlicitide tablets - Merck) is(are) considered not medically necessary for ANY other use(s) including the following (this list may not be all inclusive; criteria will be updated as new published data are available):**

**1. Concurrent use of Lipfendra with Leqvio (inclisiran subcutaneous injection), Lerochol (lerodalcibep-liga subcutaneous injection), Praluent (alirocumab subcutaneous injection), or Repatha (evolocumab subcutaneous injection).** Patients taking other proprotein subtilisin kexin type 9 (PCSK9) inhibitors were excluded from pivotal studies involving Lipfendra.<sup>1</sup>

## REFERENCES

1. Lipfendra® tablets [prescribing information]. Rahway, NJ: Merck; July 2026.
2. Lloyd-Jones DM, Morris PB, Ballantyne CM, et al. 2022 ACC Expert Consensus Decision Pathway on the Role of Non-Statin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk. J Am Coll Cardiol. 2022;80(14):1366-1418.
3. Blumenthal RS, Morris PB, Gaudino M, et al. 2026 ACC/AHA/AACVPR/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA guideline on the management of dyslipidemia: a report of the American College of Cardiology/American Heart Association joint committee on clinical practice guidelines. JACC. 2026 March 13. [Online ahead of print].
4. American Diabetes Association Professional Practice Committee. Cardiovascular Disease and Risk Management: Standards of Care in Diabetes-2026. Diabetes Care. 2026;49(Suppl 1):S216-S245.
5. Virani SS, Newby LK, Arnold SV, et al. 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA guideline for the management of patients with chronic coronary disease: a report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. J Am Coll Cardiol. 2023;82(9):833-955.
6. Rao SV, O'Donoghue ML, Ruel M, et al. 2025 ACC/AHA/ACEP/NAEMSP/SCAI guideline for the management of patients with acute coronary syndromes. J Am Coll Cardiol. 2025 Feb 27. [Online ahead of print].
7. Patel SB, Wyne KL, Afreen S, et al. American Association of Clinical Endocrinology clinical practice guideline on pharmacologic management of adults with dyslipidemia. Endocrine Pract. 2025;31:236-262.
8. Gidding SS, Champagne MA, de Ferranti SD, et al. The agenda for familial hypercholesterolemia. A scientific statement from the American Heart Association. Circulation. 2015;132(22):2167-2192.
9. Haase A, Goldberg AC. Identification of people with heterozygous familial hypercholesterolemia. Curr Opin Lipidol. 2012;23:282-289.

## HISTORY

| Type of Revision | Summary of Changes | Review Date |
|------------------|--------------------|-------------|
| New Policy       | --                 | 07/22/2026  |

## APPENDIX A

### Simon Broome Register Diagnostic Criteria.<sup>8,9</sup>

|                                                                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>Definite Familial Hypercholesterolemia</b>                                                                                        |
| <b>Raised cholesterol</b>                                                                                                            |
| --Total cholesterol greater than 6.7 mmol/L (260 mg/dL) or LDL-C > 4.0 mmol/L (155 mg/dL) in a patient < 16 years of age; OR         |
| --Total cholesterol > 7.5 mmol/L (290 mg/dL) or LDL-C > 4.9 mmol/L (190 mg/dL) in a patient > 16 years of age;                       |
| <b>AND</b>                                                                                                                           |
| --Tendon xanthomas in the patient or in a first (parent, sibling, or child) or second-degree relative (grandparent, aunt, or uncle); |
| <b>OR</b>                                                                                                                            |
| DNA-based evidence of LDL-receptor, familial defective APOB, or PCSK9 mutation.                                                      |
| <b>Possible (or Probable) Familial Hypercholesterolemia</b>                                                                          |
| <b>Raised cholesterol</b>                                                                                                            |
| --Total cholesterol greater than 6.7 mmol/L (260 mg/dL) or LDL-C > 4.0 mmol/L (155 mg/dL) in a patient < 16 years of age; OR         |

|                                                                                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| --Total cholesterol > 7.5 mmol/L (290 mg/dL) or LDL-C > 4.9 mmol/L (190 mg/dL) in a patient > 16 years of age;                                                               |
| <b>AND</b>                                                                                                                                                                   |
| Family history of premature myocardial infarction younger than 50 years of age in second-degree relative or younger than 60 years of age in first-degree relative;           |
| <b>OR</b>                                                                                                                                                                    |
| <b>Raised cholesterol</b>                                                                                                                                                    |
| --Total cholesterol greater than 6.7 mmol/L (260 mg/dL) or LDL-C > 4.0 mmol/L (155 mg/dL) in a patient < 16 years of age; OR                                                 |
| --Total cholesterol > 7.5 mmol/L (290 mg/dL) or LDL-C > 4.9 mmol/L (190 mg/dL) in a patient > 16 years of age;                                                               |
| <b>AND</b>                                                                                                                                                                   |
| Family history of raised cholesterol > 7.5 mmol (290 mg/dL) in adult first-degree or second-degree relative or > 6.7 mmol/L (260 mg/dL) in child or sibling aged < 16 years. |

LDL-C – Low-density lipoprotein cholesterol; LDL – Low-density lipoprotein; APOB – Apolipoprotein B; PCSK9 – Proprotein convertase subtilisin kexin type 9.

## APPENDIX B.

### Dutch Lipid Network Criteria.<sup>8,9</sup>

| Criteria                                                                                                       | Score              |
|----------------------------------------------------------------------------------------------------------------|--------------------|
| <b>Family History</b>                                                                                          |                    |
| First-degree relative with known premature coronary and/or vascular disease (men < 55 years, women < 60 years) | 1                  |
| First degree relative with known LDL-C > 95 <sup>th</sup> percentile for age and sex                           | 1                  |
| First-degree relative with tendon xanthomata and/or arcus cornealis, OR                                        | 2                  |
| Patient is < 18 years of age with LDL-C > 95 <sup>th</sup> percentile for age and sex                          | 2                  |
| <b>Clinical History</b>                                                                                        |                    |
| Patient with premature CAD (age as above)                                                                      | 2                  |
| Patient with premature cerebral or peripheral vascular disease (age as above)                                  | 1                  |
| <b>Physical Examination</b>                                                                                    |                    |
| Tendon xanthomas                                                                                               | 6                  |
| Arcus cornealis at age < 45 years                                                                              | 4                  |
| <b>LDL-C</b>                                                                                                   |                    |
| LDL-C ≥ 8.5 mmol/L (330 mg/dL)                                                                                 | 8                  |
| LDL-C 6.5 to 8.4 mmol/L (250 to 329 mg/dL)                                                                     | 5                  |
| LDL-C 5.0 to 6.4 mmol/L (190 to 249 mg/dL)                                                                     | 3                  |
| LDL-C 4.0 to 4.9 mg/dL (155 to 189 mg/dL)                                                                      | 1                  |
| <b>DNA Analysis</b>                                                                                            |                    |
| Functional mutation LDLR, APOB or PCSK9 gene                                                                   | 8                  |
| <b>Stratification</b>                                                                                          | <b>Total score</b> |
| Definite familial hypercholesterolemia                                                                         | > 8                |
| Probable familial hypercholesterolemia                                                                         | 6 to 8             |
| Possible familial hypercholesterolemia                                                                         | 3 to 5             |
| Unlikely familial hypercholesterolemia                                                                         | < 3                |

LDL-C – Low-density lipoprotein cholesterol; CAD – Coronary artery disease; LDLR – Low-density lipoprotein receptor; APOB – Apolipoprotein B; PCSK9 – Proprotein convertase subtilisin kexin type 9.

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